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DEVOTIONS FOR THE ALTAR:

OR,

Select PRAYERS and MEDITATIONS to be used both Before, At, and After the Receiving the Holy COMMUNION.

To which are added,

Private PRAYERS at Home, both Before and After the Celebration in the Church.

Collected by a LADY *for her own Private Use, and now Published for the Benefit of others.*

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DEVOTIONS

FOR THE

ALTAR:

OR,

MVSEVM
BRITAN
NICVM

THE PREFACE TO THE READER.

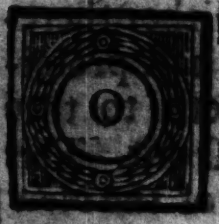
AMONG the many Treatises of this Nature, I have not met with any of this Kind, tho' some may think it needless. But being willing that the World should partake of that which I have collected for my own Convenience, I have made it to be published, which is only Devotions to be used in the Church, during the Celebration of the Holy Communion, gather'd out of several Authors. Those which are set down at the End of every Week's Preparation, are not always fitted for the Convenience of every Person; being often so short, that there is not to fill up the Intervals for Private Devotions, which every body has not Capacity to supply within themselves.

So that here is what may be suitable for all Congregations; that you may either enlarge or shorten as you see Opportunity, so that you will not need wherewithal to employ your self during the Solemnity: Which, alass! is too often imploy'd in looking about, after they have finish'd their Devotions in those Books that I before mention'd; which must needs be a great Decay to Piety and Devotion. And if we consider it, it cannot but be very reasonable that all the Time we have whilst others are Communicating, should be taken up with Praises, Thanks and Adorations for the great Privilege we have in coming there, and the great and wonderful Benefits which we receive. And that which may contribute to make this little Treatise the more acceptable, will be the Littleness of it, which will make it more convenient for the Pocket. I hope it will be receiv'd according to the Intention that it was writ, and humbly desire the Candid Reader to put a charitable Construction upon the Faults he may meet with in it, and do earnestly pray it may have its desired Effect.

Devo-

Devotions, &c.

After you have finish'd your Week's Preparation, and ready to go out to Church, prostrate your self in an humble manner, and say the following Prayer.



Most merciful God, who hast in thy great Goodness prepared this Spiritual Feast for sick and famished Souls, make my Desires and Gasping after it answerable to my Needs of it. I have with the Prodigal waited that Portion of Grace thou bestowedst upon me; and therefore do infinitely want a Supply out of this Treasury: But, O Lord, how shall such a Wretch as I dare to approach this Holy Table? I am a Dog; how shall I presume to take

the Childrens Bread? Or how ſhall this Spiritual Manna, this Food of Angels, be given to one who hath already ſo often trampled theſe pretious things under foot, either careleſly neglecting, or unworthily receiving theſe Holy Myſteries? O Lord, my horrible Guiltineſs makes me tremble to come, and yet makes me not dare to keep away. For where, O Lord, ſhall my polluted Soul be waſhed, if not in this Fountain which thou haſt open'd for Sin and for Uncleanneſs? Hither therefore I come; and thou haſt promiſed, that he that cometh to thee thou wilt in no wiſe caſt out. This is, O Lord, the Blood of the New Teſtament; grant me ſo to receive it, that it may be to me for Remiſſion of Sins: And tho' I have ſo often and ſo wretchedly broken my Part of that Covenant whereof this Sacrament is a Seal, yet be Thou graciouſly pleaſed to make good thine; to be merciful to my Unrighteouſneſs, and my Sins and Iniquities to remember no more; and

not only ſo, but to put thy Laws into my Heart, and to write them in my Mind; and as thou haſt given me a holy Deſire, give me alſo Power and Strength, and a ſincere and conſtant Obedience, that I may never again provoke thee. Lord, grant that in theſe Holy Myſteries I may not only commemorate, but effectually receive my bleſſed Saviour, and all the Benefits of his Paſſion: And to that end give me ſuch a Preparation of Soul as may qualifie me for it; give me a deep Senſe of my Sins and Unworthineſs, raiſe my dull and earthly Mind from grovelling here below, and inſpire it with a holy Zeal, that I may with Spiritual Affection approach this Spiritual Feaſt. I am a Sinner, a great one, be merciful unto me, O God, be merciful unto me; for my Soul truſteth in thee, and in the Clefts of thy Wounds ſhall be my Refuge, untill thy Father's Indignation be overpaſt. O thou who haſt (as my High Prieſt) ſacrificed for me, intercede for me

also, and plead thy meritorious Sufferings on my behalf; and suffer not, O my Redeemer, the Price of thy Blood to be utterly lost. And grant, O Lord, that as the Sins I have to be forgiven are many, so I may love much. Lord, thou seest what faint, what cold Affections I have towards thee; O warm and enliven them: behold with thy wonted Mercy the Doubts and Confusions of my troubled Breast. For when I look up to Heaven, and consider the Majesty

Horror. I confess to thee, Lord, my manifold Sins and Transgressions, my corrupt Inclinations and vicious Habits, which, from my Youth up until now, have so grievously provoked thy Wrath, to be a whole Burnt Sacrifice: slay them, O Lord, before thy Altar, and restore me to thy Grace and Favour. I do

most heartily bewail and detest all my Wickedness, and, by thy Grace, will never be guilty of the like any more: O Lord, Pardon; O Lord, forgive; defer not for thy own sake, O my God, but let thy Mercy be glorified in sparing the Soul of thy Servant, whom thou hast redeemed with thy most precious Blood. Behold I commit my self wholly to thy Mercy, and depositе my self into thy Hands: O deal with me after thy great Goodness, and not according to my sins and grievous Wickedness. In a more particular manner, accept, I beseech thee, of my most hearty Prayers and Peace-Offerings for all who have injured me in Word or Deed, created me any Disturbance by ill Treatment, slandered or reviled me with ill Language, or given me any manner of Uneasiness or angry Resentment; and likewise for all whom I have injured, grieved or offended, by Word or Deed; interceding thy Forgiveness for all that have done or taken amiss

of either ſide. Take away all Rancour and Malice, all Grudges and Revengeful Thoughts. Have Mercy, Lord, on all who ſue for Mercy, ſupply the need of all that want, eſpecially behold me thy Servant, here before thee: accept of all my Endeavours, and caſt me not now away from thy Preſence; but keep my Thoughts in an humble manner, ſtedfaſt towards thee: and when I am more immediately before thee at thy Table, then ſhine graciouſly upon me, and give me an Anſwer of Peace to all my Prayers and Deſires, for the ſake of my Bleſſed Redeemer, Jeſus Chriſt our Lord. *Amen.*

A Prayer at your firſt Entrance into the Church.

BLeſſed and glorious Lord God, the Creator, and Preſerver, and Governor of all things, my Saviour and Deliverer, and continual Benefactor; I acknowledge, I admire, I adore thy infinite Excellencies

lencies and Perfections: Bleſſed and hallowed be thy holy Name for all thy Mercies over all thy Works; accept of me at this time, the meaneſt of all thy Creatures; give me ſafe, humble and awful Thoughts of thee, that Preſumption and ſearching into what is above my Capacity betray me not into Infidelity. O let thy Word and Spirit be ever preſent with me, to preſerve me from Error, till from ſeeing thro' a Glaſs darkly, I may come to know as I am known. If I err in conceiving of thy Majeſty, (and who can think of thy Infinitely Perfect Nature without Error!) I renounce thoſe unknown Errors, and beſeech thee to give me right Notions of thee, and a ſerious Attention to thy holy Word, through Jeſus Chriſt my only Saviour. *Amen.*

A Prayer when Sermon is ended.

O Bleſſed Jeſus, I have nothing to offer thee but a polluted Soul, laden with the Burden of Sin, which comes to be cleanſed in thy Blood.

Blood. O Immaculate Lamb, I have nothing to plead for my ſelf, O do thou plead for me, and offer up that eternal Sacrifice in my behalf; I humbly crave thy Pardon for what is paſt, and for the future beſeech thee to endow me with that meaſure of Grace and holy Spirit. As thou waſt pleaſed to offer up thy ſelf for me, ſo I offer up my ſelf wholly unto thee, deſiring nothing ſo much as to ſerve and pleaſe thee all the Days of my Life. Behold, with a holy Confidence I come unto thee, that I may be refreſht in thy Gift, thou art my Hope and my Strength, thou art my Redemption, my Glory, my Honour, and the Lifter up of my Head. Make joyful therefore the Soul of thy Servant, inflame my Heart, and deliver me from all dulneſs of Sloth; and give me Thankfulneſs for this ineſtimable Favour thou vouchſafeſt unto me, for the ſake of Jeſus Chriſt, our moſt bleſſed Lord and Saviour. *Amen.*

The following Devotions to be said before the Prayers of the Church begin, or before the Minister approaches with the Consecrated Symbols, and during the time others are communicating.

O Most Blessed and Eternal God, the Helper of the helpless, the Comfort of the comfortless, the Hope of the afflicted, the Food of the hungry, the Drink of the thirsty, and the Saviour of all them that wait upon thee, I bless and glorifie thy Name, and adore thy Goodness, and delight in thy Love, that thou hast once more given me the Opportunity of receiving the greatest Favour which I can receive in this World, even the Body and Blood of my dearest Saviour. O take from me all Affections to Sin and Vanity: Let not my Affections dwell below, but soar upwards to the Element of Love. O my God, my Happiness, how shall I make my self worthy to love thee? I am

unworthy

unworthy to do it: But with a hearty Willingness I resign all my Affections and Love unto thee, desiring earnestly that I may love thee, for thou art altogether amiable. Accept, O Lord, I beseech thee, the Sacrifice of those my Confessions which I have offer'd unto thee this Week past, and never bring them more into thy Remembrance; for with hearty Sorrow I bring them here to be for ever buried in the Blood of my dear Saviour. I am not worthy, O Lord, I know, to come into thy Presence, much less to eat at thy Table; but in Obedience to thy Commands I am come. Give unto me what thou hast designed for me; enable me for the Reception of thy blessed Sacrament, the Work which thou hast enjoined me to, and bring me to the Place which thou hast prepared for them that love thee: That by thy Mercy, having my Infirmities cover'd, and my Sincerity accepted, I may at last be admitted into the Joy of my Lord, through

the

the Merits of Jesus Christ, my blessed Saviour and Mediator. *Amen.*

Ejaculations to be used before Receiving the Blessed Sacrament.

Kneeling say,

LOrd, what is there in Heaven, or what upon Earth that I would have besides thee!

Even as the Hart doth thirst after the Fountain of Waters, so doth my Soul thirst after thee, O God.

Thou that knowest all things, knowest that I love thee, and will bestow my Life for thee.

Lord, what wilt thou have me to do? Grant me to do what thou commandest, and command what thou wilt.

Into thy Hands, O Lord, I do commend my Spirit.

O Light of my Eyes! O my secure Refuge! O Life of my Soul, my Maker, my Redeemer, and my Preserver!

O Joy of my Soul! when shall I love thee with all my Heart, with all my Soul, and with all my Might?

When shall I enjoy thee? When shall I appear before thy Face? When shall I fully please thee?

I will not let thee go, till thou hast blessed me, my Life, my Love, my Desire, my Delight, my Riches and all my Good.

O that I could always serve thee! O that I could perfectly obey thee!

Grant me, O my only Love, that I may continually reverence and adore thee.

O bottomless Sea of Mercy, pardon all my Sins and Offences.

Permit me not, O my Lord Jesus, ever to be separated from thee.

'Tis thou only I delight in, thee only I desire.

For thy Love, I utterly renounce all things: For thy Love, wholly yield up my self into thy Hands.

O all my Glory! O all my Delight! O all my Comfort!

With

With thy ſelf comfort me, whom nothing elſe can comfort or ſatisfie.

For thou ſhalt guide me with thy Counſel, and after that receive me into Glory.

Teach me, enlighten me, direct me and aſſiſt me in all things; but eſpecially at this time, that I may do or ſay nothing but what is agreeable to thy bleſſed Will and Pleaſure.

Too late have I known thee, O Infinite Goodneſs!

A Prayer to be used before Receiving the Holy Sacrament.

O Bleſſed Jeſus, who didſt deliver up thy Self into the Hands of ſinful Men, and then didſt finiſh thy holy Paſſion with Pain and Anguiſh ſo great, that nothing could be greater than it, except thy Self and thy own infinite Mercy; and all this for Man, even for me the vileſt and moſt miſerable of all. And now, Lord, who haſt done ſo much for me, be pleaſed only to

Particular, leſt I become eternally miſerable. All this deſerves more Love than I have to give: but, Lord, do thou turn me all into Love, and my Love into Obedience, and my Obedience without Interruption, and then I hope thou wilt accept ſuch a Return as I can make. Make me to be ſomething that thou delighteſt in, and thou ſhalt have all that I am, or have from Thee. I have at this Inſtant addreſſed my ſelf to

come

come to this thy Holy Table, there to receive the Sacrament of thy most precious Body and Blood, according to thy Ordinance; but, Lord, thou wilt find my Heart full of Cares and Worldly Desires, cheated with the Love of Riches, and the Neglect of holy Things, proud and unmortified, and crafty to deceive it self, intricated and intangled with Knots which my own Wildness and Inconsideration have tied and shuffled together. O my dearest Lord, if thou canst behold such an impure Seat, behold the Place to which thou art invited: It is full of Passion and Prejudice, evil Principles, and evil Habits, peevish and disobedient, lustful and intemperate, and full of sad Remembrances that I have often provoked to Anger and Jealousy Thee my God, my dearest Saviour, him that died for me, him that suffered Torments for me, that is infinitely good to me, and infinitely good and perfect in himself: This, O dearest Saviour, is the sad Truth;

and

and I am heartily ashamed and confounded for it, and do deeply hate all my Sins, that I beg to be delivered from them; and do earnestly intreat Thee, not only to forgive all that is past, but to enable me to resist all Temptations for the future, through the Merits of Jesus Christ, my blessed Redeemer. *Amen.*

Ejaculations to be used before Receiving the Holy Sacrament, out of the Psalms.

HAve Mercy upon me, O God, after thy great Goodness; according to the multitude of thy Mercies do away my Offences.

Wash me throughly from my Wickedness, and cleanse me from my Sin.

For I acknowledge my Faults, and my Sin is ever before thee; against thee only have I sinned, and done this Evil in thy sight, that thou mightest be justified in thy Saying, and clear when thou art judged.

Thou

Thou ſhalt purge me with Hyſop, and I ſhall be clean; thou ſhalt waſh me, and I ſhall be whiter than Snow.

Thou ſhalt make me hear of Joy and Gladneſs, that the Bones that thou haſt broken may rejoice.

Turn thy Face from my Sins, and put out all my Miſdeeds.

Make me a clean Heart, O God, and renew a right Spirit within me.

Caſt me not away from thy Preſence, and take not thy Holy Spirit from me.

O give me the Comfort of thy Help again, and ſtabliſh me with thy free Spirit.

Thou ſhalt open my Lips, O Lord, and my Mouth ſhall ſhew forth thy Praiſe.

[St. *Matt.*] Lord, I am not worthy that thou ſhouldeſt come under my Roof.

I have ſinned, what ſhall I do unto thee, O thou Preſerver of Men?

I will

I will take the Cup of Salvation, and call upon the Name of the Lord: I will pay my Vows unto him now, in the Presence of all his People.

Behold, O Lord, thy beloved Son in whom thou art well pleased:

Hearken to the Cry of his Blood, which speaketh better Things than that of *Abel.*

By his Agony and bloody Sweat, by his Cross and Passion, good Lord deliver me.

O Lamb of God, which takest away the Sins of the World, grant me thy Peace.

O Lamb of God, that takest away the Sins of the World, have Mercy upon me.

Glory be to the Father, &c.

A Prayer before Receiving the most Blessed Sacrament.

O Omnipotent and Merciful God, behold I, an unworthy Sinner, am come to the most Holy Sacrament of the Body and Blood of our Lord Jesus Christ; I am come

come (I say) as the Sick to the Physician, as the Unclean to the Fountain of Mercy, as a poor Beggar to the King of Glory, as the Naked to the Lord of Heaven and Earth: I beseech the abundance of thy Pity to heal my Infirmities, to wash my Foulness, to nurish my Poverty, to cloath my Nakedness, that I may receive thee, the Bread of Angels, the King of Kings, and Lord of Lords. Grant that I may receive thee with such Respect and Reverence, with such Contrition and Fear, with such Faith and Purity, with such a Purpose and Humility, as may make me in some measure acceptable to thee, thro' Jesus Christ our Lord. *Amen.*

Another Prayer before Receiving the Holy Sacrament, if there be Time.

O Lord Jesus Christ, which art the only Son of God, the Image of the Father, whom the Angels do desire to behold; who after all the Suffering and praying for thy Enemies, now sittest at the Throne of Glory:

Glory: Who am I that do presume not only to behold thee my God, but also to take and receive thy Body into the Lodging of my Body and House of my Soul! O miserable that I am, and most unhappy of all Creatures, that do this to exceeding great Injury to thee my God and Saviour! For when a thousand Years of Tears are not sufficient to receive at the least but once worthily this Holy and most precious Sacrament, so high and divine a Mystery: I wretched and unworthy Creature, daily offending and adding Sin unto Sin, do notwithstanding take upon me often to receive it. But it is merely in Obedience to thy Command, O Lord, that I do presume to appear in thy Presence; for thou hast bidden me come: I am afraid to be seen in this Condition, but that I am more afraid not to be seen here at all. My Comfort is, that thou wilt not be offended that we show our selves ready to execute thy Commands: I abhor, I loath, I am weary of my

my ſelf; deſiring nothing more than to be made like unto thee: O give me that Purity and Holineſs, that Juſtice and Charity, that Lowlineſs and Humility, that Meekneſs, Patience and Compaſſion, without which I cannot hope to pleaſe thee. Above all things give me an entire Reſignation to thy moſt holy Will. Let my Mind be confirm'd amongſt ſo great Myſteries with thy comfortable Preſence, that it may underſtand thou art preſent with her; purge it from all Malice, and fill it with thy Grace; and being fill'd, reſerve it evermore in thy holy Love, O Bleſſed Saviour, who with the Father and the Holy Ghoſt, liveth and reigneth one God, world without end. *Amen.*

At going to the Altar.

IN the multitude of thy Mercies, O Lord, do I now approach thy Altar; O pardon my Sins, and receive me graciouſly. *Amen, Amen.*

At proſtrating before the Altar.

THOU art worthy, O Lord, to receive Glory, Honour and Power; for thou haſt created all things, and for thy Will's ſake they are and were created: Bleſſing, and Glory, and Wiſdom, and Thanks, and Honour, and Power, be unto thee, and unto the Lamb, for evermore. *Amen.*

While others are coming up, and the Prieſt is preparing to read the Sentences.

ALmighty Lord, who haſt of thy infinite Mercy vouchſafed to ordain this Sacrament for a perpetual Memory of that bleſſed Sacrifice which once thou madeſt for us upon the Croſs; grant me with ſuch due Reverence to participate of this ſo holy and wonderful a Myſtery, that I may be made worthy by thy Grace, to obtain the

the Virtue and Fruit of the ſame, with all the Benefits of thy precious Death and Paſſion, even the Remiſſion of all my Sins, and the Fulneſs of all thy Graces; which I beg for thy only Merits ſake, who art my only Saviour, God from Everlaſting, and World without End. *Amen.*

O Lord, our Heavenly Father, Almighty and Everlaſting God, regard, we beſeech thee, the Devotions of thy humble Servants, who do now celebrate the Memorial which thy Son and our Saviour hath commanded to be made in Remembrance of his moſt bleſſed Paſſion; that by the Merits and Powers thereof, now repreſented before thy Divine Majeſty, we and all thy whole Church, may be made Partakers of all other Benefits of his moſt precious Death and Reſurrection from the Earth, and glorious Aſcenſion into Heaven, who liveth and reigneth with thee and

the Holy Spirit, ever one God, World without End. *Amen.*

BE pleaſed, O God, to accept this our bounden Duty and Service, and command that the Prayers and Supplications, together with the Remembrance of Chriſt's Paſſion, which we now offer up unto thee, may, by the Miniſtry of the holy Angels, be brought up into thy heavenly Tabernacle; and that thou, not weighing our Merits, but looking upon the bleſſed Sacrifice our Saviour, which was once fully and perfectly made for us all, mayſt pardon our Offences, and repleniſh us with thy Grace and heavenly Benediction; through Jeſus Chriſt our Lord. *Amen.*

At the Offertory.

BLeſſed Jeſu, who didſt accept the poor Widows two Mites, be pleaſed graciouſly to accept this

this from thy unworthy Servant. *Amen.*

At the Consecration.

O Blessed Jesus! in the Bread broken I call to mind thy Body torn with Whips, Thorns and Nails; and in the Wine poured out, I call to mind thy precious Blood, shed for my Sins: Glory be to thee, O Lamb of God, that didst offer thy self a Sacrifice, to take away the Sins of the World; Lord have Mercy upon me, and take away mine also. *Amen.*

O Lord God, how I receive the Body and Blood of my most blessed Saviour Jesus Christ, the Price of my Redemption, is the very Wonder of my Soul! Yet grant me, gracious Lord, so to eat the Flesh of thy Son, and drink his Blood, that my sinful Body may be made clean through his Body, and my Soul washed through his most precious Blood. *Amen.*

When the Priest draws near with the Elements.

I Come, Lord Jesus, I come: O take me to thee, for thou lovest me, and hast prepared a Table for me in the Seat of Love.

O Holy Jesus, I behold thee stretched upon the Cross, with thy Arms spread, ready to embrace and receive all Mankind into thy Bosom.

O blessed Jesus, let the Blood which ran from thy blessed Heart, wash my Soul from all Sin and Iniquity, and purchase for me thy heavenly Grace and Benediction.

Lord, I renounce all Sins and Works of the Devil, all worldly Vanities and sensual Lusts, and earnestly implore the Assistance of thy Grace and Holy Spirit to enable me to keep these Resolutions, thro' Jesus Christ our Lord. *Amen.*

Immediately before receiving the holy Bread.

THou haſt ſaid, That he that eateth thy Fleſh and drinketh thy Blood, hath eternal Life.

Behold the Servant of the Lord; be it unto me according to thy Word.

Come, Lord Jeſus, come quickly.

Then join with the Miniſter, with all poſſible Devotion, in that ſhort but excellent Prayer:

THE Body of our Lord Jeſus Chriſt, which was given for me, preſerve my Body and Soul unto everlaſting Life. *Amen.* &c.

At the eating of the Holy Bread.

BY thy Crucified Body deliver me from this Body of Death.

After Receiving the Bread.

BY thine Agony and Bloody Sweat, by thy Croſs and Paſſion, good Lord, deliver me.

I have ſworn and am ſtedfaſtly purpoſed to keep thy righteous Judgments.

O hold thou up my Goings in thy Paths, that my Footſteps ſlip not.

O my Lord, what manner of Love is this wherewith thou haſt loved us, that we ſhould be called the Sons of God!

How gracious was thy Goodneſs, which brought thee down from Heaven and made thee one of us!

Lord, I believe, help my Unbelief. I take this Sign of thy Body, as a Token of thy Love and Seal of thy Promiſes, to obtain for me the Pardon of my Sins and the Salvation of my Soul, upon the Terms of Faith and new Obedience. Lord, I ſtand to my Part of the Covenant,

and,

and, in full Assurance of Faith, I rely on thee for the Accomplishment of thine: Be it unto me according to thy Word. *Amen.*

I believe, O Blessed Jesus, that thou art the Lord of Heaven and Earth, the Prince of Life, and the King of Glory. I most heartily thank thee, that thou wast pleased to stoop so low, as to visit us poor Dust and Ashes, yea, vile and miserable Sinners. Blessed be thy Goodness, which moved thee to do a great deal more; to humble thy self to the Death, even the Death of the Cross, that we might be lifted up to immortal Life. I devote my self everlastingly to thy Love and Obedience. I humbly lay my self here at thy Altar, and present thee with all I have. I sacrifice Soul and Body, without any Reserve, to thy holy Will and Pleasure; tho' I must be beholden to thy great Love, and not my own, to procure Acceptance for me. I know how vile and unwor-

thy I am, that thou ſhould'ſt have reſpect to my Oblation: All that I can ſay is, that I offer my ſelf for this end, that I may be made better, and ſo have every day more and more to return unto thee. *Amen.*

Before Receiving of the Cup.

LOrd, I remember with all Humility and Gratitude, the Effuſion of thy precious Blood for me, and the Attonement made by it: Grant me ſuch a Senſe of thoſe Sufferings, as may awaken a due Abhorrence of my Sins. O grant me all my Petitions, and give me an Aſſurance of Pardon and Peace; and quicken my Endeavours in the ways of Repentance and Holy Living, till I have obtained the Bleſſings purchaſed by thy Merits.

I will receive the Cup of Salvation, and call upon the Name of the Lord.

Lord,

Lord, if thou wilt, thou canſt make me clean. O touch me and ſay, I will, be thou clean.

Then join with the Miniſter.

THE Blood of our Lord Jeſus Chriſt, which was ſhed for me, preſerve my Body and Soul unto everlaſting Life, *&c. Amen.*

After Receiving the holy Cup, ſays

IT is finiſhed. Bleſſed be thy Name, O merciful God; what haſt thou done for me, and how can I ever praiſe thee enough? O pour down thy Grace upon me, and direct my Steps in thy Ways. O my God, thou art true and holy. O my Soul, thou art bleſſed and happy. Praiſe the Lord, O my Soul, and all that is within me, praiſe his holy Name: Who ſaveth thy Life from Deſtruction, and feedeth thee with the Bread of Heaven.

Heaven. Glory be to God on high, and on Earth Peace, Good-will towards Men. I worſhip thee, O Lord, and magnifie thy Name for ever, who haſt vouchſafed to fill my Soul with Gladneſs, and to feed me with the Heavenly Myſteries of Chriſt's ſacred Body and Blood; humbly beſeeching thee, that from henceforth I may walk in good Works, and ſerve thee in Holineſs and Pureneſs of Living, to the Honour of thy Name. *Amen.*

A Prayer after Receiving the Holy Sacrament.

I Praiſe and magnifie thy great and glorious Name, O Lord my God, for this bleſſed Opportunity afforded me of commemorating thy infinite Goodneſs and Mercy to me and all Mankind, in ſending thy only Son into the World to take our Nature upon him, to ſubmit to the Infirmities and Miſeries of it, to live amongſt us, and

to

to die for us; and, to preſerve the Memory of this great Love and Goodneſs of thine to us for ever in our Hearts, that thou haſt been pleaſed to appoint the bleſſed Sacrament for a ſolemn Remembrance of it. Grant, O Lord, that I may faithfully keep and perform this holy Covenant which I do now ſo ſolemnly renew: Let it be an eternal Obligation upon me of perpetual Love and Obedience to thee. Let nothing ſeem hard for me to do or ſuffer for thy ſake, who whilſt I was a Sinner and an Enemy to thee, lovedſt me at ſuch a rate as never any Man loved his Friend. Grant that by this Sacrament there may be conveyed to my Soul new ſpiritual Life and Strength, and ſuch a Meaſure of thy Grace and Aſſiſtance, as may enable me to a greater Care of my Duty for the future: That I may henceforth live as becomes the redeemed of the Lord, even to him who died for my Sins and roſe again

gain for my Justification, and is now set down at the Throne of God to make Intercession for me. O do thou intercede so for me, as that I may now receive the full Pardon and Remission of all my Sins; and above all, Grace never to sin no more wilfully. Hear my Prayers, O Lord, and the Prayers of thy whole Church; all which I humbly beg in the Name, and for the Sake of Jesus Christ, our only Saviour and Redeemer. *Amen.*

After you are gone from the Lord's Table to your Seat, say these Ejaculatory or short Prayers.

O My Lord, who art worthy of infinite Love and Glory, I humbly repent me that I have offended thy Divine Majesty: I fully purpose to offend thee no more, yea tho' I should die.

Merciful and loving Lord, I execrate and detest my Sins past; I resolve

resolve to sin no more, tho' I suffer all the Labours of the World.

I am sorry, O my Creator, for my great Ingratitude; I will break off from all the Desires of the World and Flesh, rather than commit that which shall offend thee.

But Lord, since thou hast done so much for me, be pleased still to go on; and leave me not here, but enable me with thy Grace to perform my Resolutions. Thou knowest the Weakness of my Nature, and that of my self I can do nothing: Therefore I humbly implore thee, that as thou hast admitted me to receive of the greatest Treasure upon Earth, so continue thy gracious Favour to me, and give me thy holy Spirit, for Christ's sake. *Amen.*

I Look, O Lord, upon my self as an holy and devoted thing; I have consecrated my self to thy Service, and so I will ever remain; never will I be so sacrilegious as to im-

imploy my self to any other Uſes but only thine; thou haſt been pleaſed to make me thy Temple, and therefore I will not willingly ſuffer thy holy place to be defiled; I am ſealed to thy ſelf, and have thy Mark upon me, I will never conſent my Soul ſhould be broken up by any Temptation, and ſtolen away from thee. Since thou haſt ſo graciouſly died for me, ſince thou haſt invited me hither to repreſent thy Death and Sufferings, and to aſſure me of thy Love; ſince thou haſt bidden me to commemorate it at this holy Feaſt, be not angry if I call thee my Lord and God. Suffer me to claim an Intereſt in the Merits of thy precious Blood, look on me as thou ſitteſt on the Right Hand of God, with the Favour thou beareſt to thy People: join thy powerful Interceſſion with my humble Suit to the Father of Mercies, that for thy ſake I may be accepted with him. Bleſs me, O Lord, from that Throne of thy Glory; and raiſe

up

up such a holy Hope in me, as if I heard that Voice sounding from thence, I am thy Salvation. *Amen.*

SInce thou, O Lord, art so forward to do us good, to bestow thy Blessings unask'd, to die for us when we desired it not, to institute this Feast which we never expected, to send thy Ministers to call us to it, let me take the boldness now to ask something more of thee. O do not deny me the Continuance of thine Almighty Grace; take not thy Holy Spirit from me: but let it be my constant Companion, my Guide, my Helper, my Comforter for ever. Is it not the Purchase of thy Blood? Is it not thine own Promise? Hast thou not received it of thy Father? and art thou not possessed of it, and of Glory and Power, to bestow it on us? Thou thy self hast told us, That it shall be given to those that ask it; and that because thou livest we shall live also: O do not lose what

what thou haſt done already for want of doing ſomething more. Perfect that which concerneth me, and forſake not the Work of thy own Hands. Hold me up and I ſhall be ſafe, and my Delight ſhall be ever in thy Statutes. I intreat thy Favour with my whole Heart, be merciful unto me according to thy Word, and let not Iniquity have Dominion over me. *Amen.*

ADored be thy condeſcending Love, O merciful Saviour, to thine unworthy Servant, who bluſhes to lift up his Eyes unto thee, even when thou inviteſt me unto thee. For beſides my other Guiltineſs, this moſt gracious Repreſentation which now thou makeſt of thy ſelf to me, doth but little move my dull and heavy Affections to love and rejoice in thee, I am heartily aſham'd of my ſelf; only I deſire and reſolve to become better. And here I proſtrate my ſelf before thee, as an humble Wor-

ſhipper

shipper of thee; presenting thee with a poor Oblation of my Soul and Body, which I dedicate again with the most dutiful Affection I am able to excite unto thee. Do thou, O Lord, excite a greater; that when I shall appear before thee, I may present thee with a Soul more pure, more humble, meek, merciful, and improv'd in all other Fruits of thy Holy Spirit. In thy Mercies alone are all my Hopes, for I intirely trust my self with thee. I beseech thee to receive me into thy Care, through Jesus Christ our Lord. *Amen.*

A Thanksgiving after receiving the Holy Sacrament.

O Thou Fountain of all Goodness, from whom every good and perfect Gift cometh, and to whom all Honour and Glory should be return'd; I desire with all the most fervent and inflamed Affections of a grateful Heart, to bless

and

and praise thee for those inestimable Mercies thou hast vouchsafed me. Lord, what is Man that thou shouldest so regard him, as to send thy beloved Son to suffer such bitter Things for him! But, Lord, what am I, that I should have any part in this Atonement, who have so often despised him and his Sufferings! O my God, suffer me no more, I beseech thee, to turn thy Grace into Wantonness, to make thy Mercy an Occasion of Security: but let this unspeakable Love of thine constrain me to Obedience, that since my Lord has died for me, I may no longer live unto my self, but to him. And since he has been graciously pleased to enter my Heart, O never let me permit any Lust to chase him thence; but let him that hath so dearly bought me still keep Possession of me, and let nothing ever take it out of his Hand. To this End be thou graciously pleased to watch over me, and defend me from all Assaults of my

my Spiritual Enemies; but especially deliver me from my self, from the Treachery of my own Heart, which is so willing to yield it self a Prey: And where thou seest I am either by Nature or Custom most weak, there do thou, I beseech thee, magnify thy Power in my Preservation *. And, Lord, let my Saviour's Sufferings for my Sins, and the Vows I have made against them, never depart from my Mind: but let the Remembrance of the one enable me to perform the other. O be thou my Strength, who am not able of my self to struggle with the slightest Temptations. How often have I turned my Back in the Day of Battle? How many of these Sacramental Vows have I violated? And, Lord, I have still the same unconstant deceitful Heart to betray me to the breach of this. O thou, who art Yea and Amen,

* *Here mention thy most dangerous Temptations.*

in

in whom there is no Shadow of Change, communicate to me, I beſeech thee, ſuch a Stability of Mind, that I may no more ſtart aſide, as I have formerly done, but that I may bring forth Fruit to Eternal Life: Grant this, O merciful Father, through the Merits and Mediation of Jeſus Chriſt, my bleſſed Saviour. *Amen.*

The Concluſion of all.

LOrd, now letteſt thou thy Servant depart in Peace according to thy Word.

For mine Eyes have ſeen thy Salvation, which thou haſt prepared before the Face of all People, to be a Light to lighten the Gentiles, and to be the Glory of thy People *Iſrael.*

Glory be to the Father, &c.

As it was in the Beginning, &c.

Now the God of Peace that brought again from the Dead our Lord

Lord Jesus, that great Shepherd of the Sheep, through the Blood of the everlasting Covenant, make us perfect in every good Work to do his Will, working in us that which is well-pleasing in his sight, thro' Jesus Christ; to whom be all Glory, Might, Majesty and Dominion, both now and evermore. *Amen.*

If there be any vacant Time, read the following Psalms of Praise; but take care your Private Devotions do not hinder or disturb the Publick. Psal. 8, 30, 34, 103, 111, 138, 145, 147, 148.

A Prayer after Receiving the Holy Sacrament, at Home.

I Yield unto thee again, O most gracious Lord, the greatest Thanks that my Heart can conceive, or Tongue express, for this inestimable Favour that thou hast vouchsafed me this Day, and all other

other thy great Mercies to me. O knit my Heart and Affections for ever unto thee. Thou haſt aſſured me of the Forgiveneſs of my Sins, and of thy Grace and Love. O never let me forfeit this great Bleſſedneſs, nor return to my former Sins. I humbly beg thy daily Aſſiſtance and Help of thy Heavenly Spirit, that I may remember the Covenant and Promiſe which I have made at thy holy Table. I heartily repent me, O Lord, of the many Sins which I have confeſs'd to thee this Week paſt, and am grievouſly ſorry when I conſider how unprofitably and wickedly I have ſpent my Life hitherto. I deſire, O Lord, to amend what is amiſs in me; as I earneſtly intreat thee further, that whatſoever is in me vicious, or contrray to thy bleſſed Will, may by virtue of this bleſſed Sacrament be rooted out of me, that my Soul may become a fit Habitation for thy Holy Spirit. Let it be to me the Abſolution of my Sins, the Confirmation

firmation of my Faith, and the only Delight of my Soul; Peace and Joy in Tribulation; Health and Strength in Affliction and Temptation. Let it be a Light and Guide to my Actions, and my only Comfort in the Day of my Diſſolution. Let the Palate of my Soul be changed thereby, that it may reliſh nothing beſides thee. Grant alſo, that I may hunger and thirſt after this Bread of Life and Cup of Salvation; that I may with a pure Mind and chaſte Affections receive it often, that thereby my Soul and Body may be preſerved to Life everlaſting. Thou art a God that knoweſt the Heart, and art not to be mock'd, I tremble when I conſider thy infinite Power, Wiſdom and Holineſs. There is nothing hid from thee; thou knoweſt my Weakneſs and Infirmities, and the Temptations with which I am aſſaulted, and to which I have ſo often yielded. I am ſurrounded with Snares, and my Spiritual Enemies are powerful and

active: O Lord, help thy Servant, and grant that I may both reſiſt and vanquiſh them by the Aid of thy holy Spirit. Keep the Poſſeſſion of my Soul, which I have unfeignedly ſurrender'd up unto thee. Create in me a clean Heart, O Lord, and renew a right Spirit within me. Forſake me not, O Lord; if thou leaveſt me, I periſh. Guide me by thy Counſel, and at laſt receive me to thy Glory. Inlighten my Mind, purifie my Heart, correct, inſtruct and comfort me. Lead me into Truth by the reading of thy holy Word, that I may obey all thou commandeſt, and ſuffer chearfully all thou inflicteſt; live and die in Faith and Charity, to thy Glory, my Neighbour's Edification, and my own eternal Salvation, through Jeſus Chriſt my bleſſed Saviour. *Amen.*

Another

Another of the ſame.

GReat and Eternal Lord, Fountain of Being; I thy poor Creature acknowledge my intire Dependance on thee. I humbly adore and worſhip thee as infinitely perfect, holy, juſt and good. I offer, O Lord, my Soul and Body, my Will, my whole ſelf, as a Sacrifice, a whole Burnt-Offering to thee, Father, Son, and Holy Ghoſt, one God, bleſſed for evermore. O Lord, thou knoweſt all things; I truſt I do not deceive my ſelf, when I ſay, Thou knoweſt that I love thee. Permit me to offer unto thee again, my unfeigned Thanks and Praiſes, for the great Mercies and Bleſſings thou haſt beſtowed upon me this Day. Where ſhall I begin to expreſs my Love and Duty towards thee, who haſt ſaid, Behold, I am with you even unto the end. O be thou pleaſed to love me with the Love of a Father, and

a Brother, and a Husband, and a Lord; and make me to ſerve thee (as I do from my very Heart deſire) according to thy Will in all things. O that I might love thee better than ever any Creature loved thee! How ſhall I obtain a conſtant Heart, O Lord, that theſe my Affections may never languiſh or grow cool in me, but that I may always carry about me a fervent and uninterrupted Devotion towards thee. Bleſſed be thy holy Name for all the Opportunities I have had of well-doing, for all Hindrances of evil-doing, for all the good Purpoſes and Reſolutions thou haſt put into my Hands, and for all the Mercies of my whole Life. O do thou ſet my Affections on things above, where Chriſt ſitteth at thy right hand; and let my Converſation be in Heaven, from whence I expect my Saviour to come and change me into the Likeneſs of his Glory. Teach me to do thy Will, O God, that I may not more ſtudy

my own Inclinations, and ſtain that holy Robe which thou haſt put upon my Soul. I moſt heartily deſire the Good of all Mankind, as well as my own, eſpecially of the Univerſal Church: It pities thy Servant to ſee her bleeding Wounds, her miſerable Rents and Diviſions. O that Chriſtians might not devour one another by Hatred, and Strife, and bitter Envyings; but that the Peace of thee our God might dwell in our Hearts! Hear, O Lord, the daily Prayers of every Member of thy Church; relieve the Poor, pity the Groans of the Sick, and ſupport all the Infirmities and Miſeries of every diſtreſſed Perſon. Give thy Bleſſing to all in Authority, that all their Actions may tend to the Benefit of thy Church and People. Give thy Grace to all the Paſtors of thy Flock, that their Lives and Converſations may be that which is becoming their holy Function. And now, O Lord, what wait I for? Truly my Hope is even in thee.

O! I am weary of this vain World; let me no more engage my self in it. Thou that giveſt Reſt to the weary Soul, and Strength to the faint, give me Reſt alſo. O let thine Eyes be open, and thine Ears attend unto the Prayers of thy Servant. Order my Steps according to thy Word for the future; let me ſee thee in every Mercy; let nothing ſeduce my Heart from thee. When any Afflictions come upon me, let me receive them with Thanks and Submiſſion. When I ſtumble, do thou ſupport me. Let thy Grace come down plentifully upon me. O hear me! O anſwer me! O pity me! O relieve me! O come in! O ſuccour me! thou that art the God of my Salvation. I am poor and needy, make haſte unto me, O God; thou art my Help and my Deliverer, O Lord, make no long tarrying. *Amen, Amen.*

A Prayer to be said every time of the Day after Receiving the Holy Sacrament.

O Most kind and loving Father, the Sovereign Lord of the World, I have taken upon me to come before thee again, desiring never to cease giving thee Thanks and Praise for all thy Mercies and Favours to me, especially that great and unspeakable Blessing which I have received this Day. Thou art he that took me out of my Mother's Womb; thou did'st make me hope when I was upon my Mother's Breasts; I hope thou wilt not leave me, now thou hast done so much for me. O my Lord, when will that happy Day come, that glorious Day, when there shall be nothing to separate me from thee! Behold, O Lord, I am here; here I lie prostrate before thy face, here my Soul intends to breath out her Desires. Thou hast promised not to reject those that seek thee earnestly;

neſtly: O my Lord, thou ſeeſt me, and knoweſt my Heart; my Sighs, my Deſires are not hid from thee. Deck my Soul with Humility, with Patience, with Conſtancy; that no Groſſes or Diſappointments, no Wearineſs, no Painfulneſs, no Weakneſs, no Infirmity, no Honour or Diſhonour, no good Report or evil Report, may diſcourage me from truſting in thee. Whatever Evils befall me, let me think they come from a Father's Hand. Let no Proſperity, no Sun-ſhine, no Calmneſs, no ſmiling Fortune, ever make me forget thee. I confide not in my Works, I depend not upon my Induſtry, I reſt not in my own Labours; but in thy Blood, in thy Sweat, in thy good Pleaſure, O glorious Son of God. I will hope in thy Mercy, my Heart ſhall rejoice in thy Salvation. Evening, and Morning, and at Noon will I pray, and thou wilt hear my Voice. Thou haſt ſaid, ask, and ye ſhall have; ſeek, and ye ſhall find; knock,

knock, and it ſhall be opened to you. Who, Lord, would not rely upon thee after ſuch a Promiſe? O let me find Grace in thy ſight! I deſire nothing elſe in this World; thou art my Witneſs, O Lord, that my Heart thinks ſo. What ſtupendous Gifts doſt thou preſent me with! What amazing Offers doſt thou make to my Soul! Thou art not only willing to impart thy Grace to me, but in thy Supper haſt given me thy ſelf. From thee every good and perfect Gift cometh; whatever Good I receive, thou ſendeſt it. If I am broken, thou healeſt me; if I am grieved, thou refreſheſt me; if in Danger, thou deliverеſt me; if under Trouble, thou comforteſt me. O my Jeſus, thou art gone up unto thy Father and to my Father; thou haſt reconciled him to my Soul. How often haſt thou in Mercy looked upon me, and pitied me when I was unworthy of thy Compaſſion! Thou haſt wounded me with thy Love; I will

will follow thee. O let me do thy Will; let it be that which thou wilt, and not what I will. Despise me not, forsake me not, O do not go far from me. Draw me after thee, and I shall run. Leave me not to my self, I beseech thee: For I consecrate both my Body and Soul to thee; employ them, O Lord, as it shall please thee best. O forget me not, and let me never forget thee. Let me be content to die for thee. I am resolved, O Lord, to be thy Disciple: But how shall I become that which I ought to be, without thy Help and Assistance? O make me humble and meek, and give me a compassionate and charitable Temper. Deliver me from all Clamour, Malice, Hatred, and Evil-speaking; and rid me of all Guile, Hypocrisy, and Dishonesty. When I am reviled, let me not revile again, and let there be no Root of Bitterness in me. Mortifie in me the Itch of Contradiction: Make me affable, courteous,

courteous, kind, gentle; and let no Provocation soure that Disposition in me. Make me patient and long-suffering, peaceable and easy to be entreated; and give me a Temper that may make me rejoice in the Prosperity of others. Let all Pride and Envy die in me: Make me circumspect in all my Speeches, Thoughts and Actions, that I may not provoke thee, my merciful God, any more to anger. Give thy Blessing, I beseech thee, O my God, to these my Prayers and Desires, and accept of that little Goodness that I am able to perform. Thou hast been more merciful to me than I could have deserved; and I can return nothing in comparison of it. 'Tis thy self only, my God and my Guide, that I wholly and solely depend upon. O! for thy own Name's sake, and for thy Son's sake, and for thy Promise sake, do thou make me to know what thou would'st have me to do, and then help me to do what

what thou would'ſt have me to know; that I may walk with thee in the Ways of Holineſs here, and reſt with thee in the Joys of Happineſs hereafter. For which bleſſed Place do thou fit and prepare me, O bleſſed Redeemer; and make me contented with all things, till I arrive thither: All which I humbly beg for thy own Merits ſake, who liveſt and reigneſt with the Father and the Holy Spirit, one God, world without end. *Amen.*

FINIS.